Part 3 of Doughnut Dollies

Miss Martin likes it better in Amcal

By SP4 William Hayes.

CHU LAI (AMERICAL IO) - During the summer between her junior and senior years at Western Kentucky University, Marcia Martin first heard of the American Red Cross Doughnut Dollies.

"My first reaction was, 'forget fire there's no way you're going to get me over there,' she claim and the friend who had been in During the next year, she tained with a friend who had been in During the next year, she tained to the stream of the state of t

"I wasn't really subjected to it. We didn't have that stuff," she said.

"I wasn't really subjected to it. We didn't have that stuff," she said.

Annerical, but, "Ilke it better here."

One of her bigsest hurdles to overcome was the idea of being in Vietnam during Christmas.

"I thought I might be homesick on Christmas, but I was too busy to let it bother me. In two days six of us visited 11 fire bases, singing six or seven carols at each stop," she said.

Marcia enjoys traveling to forward areas any time of the year, although travel in a combat zone can have its frustrations, and one is particularly annoying.

"Waiting around—it's enough to drive me batty," she says as she cleaches her teeth in mock frustration.

Cleaches her teeth in mock frustration.

Once in a while, somebody says "mank you to make a mu manher day.
"It sure makes you feel better," she says. "It's nice to hear, but if
we don't hear it we can't just go home and cry."
When she does have a little time after hours, she likes to read.
But when the time comes to go out to the men, she drops what
she's doing and moves out.
One source of her motivation is easy to find.
"I like what I'm doing." That's how Marcia explains it-straight
forward and sumple.

"I like what I'm doing." That's how Marcia explains it-straight forward and sumple.

"Religion" is our relationship use to acknowledge this Judging from the smiles of the men on the firebases, they like with God which exists whether relationship with God. We what Marcia's doing too.



This radio-telephone operator from Bravo Company, 1st Battalion 20th Infantry holds his rifle high and dry while crossing a stream. His company was operating approximately 3 miles southeast of LZ Liz. (U.S. Army Photo)

Religion and you

Our relationship with God

difference between "religion" us.
and "a religion." "A religion" is the means we

CHU LAI (DIVARTY 10) - into existance, and of gratitude, What is religion? There is a because he has done so much for

Sometimes a person says, "I am not a religous man, I am ashamed to pray, because I don't

go to Church and I do a lot of things that aren't good. I just don't deserve to pray." Anyone who feels like this certainly does not have a good understanding of who God is. Suppose we

Give your loved ones a MARS call



eant First Class Alfred D. McClure, MARS operator, listens intently for the call signal e transmits one of the 70 calls placed each day to the States by Americal soldiers.

(Photo by SSG Tim Palmer)

THE SOUTHERN CROSS is an authorized publication of the Americal Division Information Office for division units in the Republic of Vietnam. Opinions expressed are not necessarily those of the Department of the Aumician Commission of the Commission



Tough Allied combination surprises Viet Cong unit

Choppers brave clouds to resupply mortarmen By SP4 William Hayes LZ WEST (AMERICAL IO) Just above LZ West, form of the world from them. Just below the 196th Infantry Brigade's 4th Battalion, 31st Infantry, Brigade's 4th Battalion, 31st Infantry, Brigade's 4th Bottomed clouds that formed the foundation of a 1900-root of the foundation of a 1900-root of the foundation of a 1900-root of the the foundation of a 1900-root of the the foundation of a 1900-root of the third of the foundation of a 1900-root of the foundation of the propers in the third propers in the foundation of the foundation o

Hold baggage, how to get it home

By SP4 Thomas Neville
CHU LAI (AMERICAL IO)—
If you are concerned about
shipping goods back home or to
your not study station, yet
All Division personnel may
ship unaccompanied baggage
from the Republic of Vietnam at
not cost. The service is offered
through the Household Effects
Office, which is part of the
226th Supply and Service
Company.
According to Staff Serveant

Company.

According to Staff Sergeant
Roger Hagerud, Long Beach,
Calif., NCOIC of the facility. "a
man may ship home baggage as
soon as he receives his PCS
orders." He noted that certain
weight limitations apply.

Authorized weights of shipments

Gen. Mataxis

continued from page 1 the staff and commanders.
General Mataxis makes his home in Seattle, Washington, with his wife Helma and three children.

continued from page 1
the staff and commanders.

The staff and commanders are staff and the staff

July 24, 1970

vary with rank as follows: grades E-4 may ship 200 pounds; grades E-4 may ship 200 pounds; grades E-4 may ship 200 pounds; officers in the rank of oll through 0-5 may ship 600 pounds; officers in located in Warchouse No. 8 on The Household Effects Office is located in Warchouse No. 8 on Rosemary Point (near the AFVN tower). Unaccompanied baggage is accepted Monday through Saturday from 7 a.m. to 6 p.m. and on Sunday from 8 a.m. to 11 officers of the first own crates the present the present the individual should provide his own crates for his baggage. "Cardboard or wooden boxes or foot lockers, providing the lockers were not made in Vietnam, are acceptable," he said.

All personal effects, except

Item which was made in a Communist country will be allowed. A Customs office will inspect all containers before clearance is given. "Once the goods process through the Household Effects office delivery to CONUS takes Darling Power of the container before communist country will be allowed. A Customs office will inspect all containers before clearance is given. "Once the goods process through the Household Effects molitary address by local disappointed, the rounds went countries." Darling new Division CSM

By FFC Guy Winkler
CHU LAI (AMERICAL 10) Command Sergeant Major Fred
E. Darling, Arlington, Va., has
been selected as command
sergeant major of the Division
by Major General A.E. Milloy,
Commanding General.
Sergeant Major Darling
replaces former Sergeant Major
Sam S. Börrelli who has been
saxigned as Sergeant Major to the
Interplace former Sergeant fajor
attitudes, Training
Center, Ft. Dix, N.J.
After having served as brigade
sergeant major of the 196th
Infantry Brigade since January
of this year, Sergeant Major
Darling is in Vietnam for the
first time. Before arriving in
Vietnam, he served as brigade
sergeant major of the 3rd
Brigade, 3rd Infantry Division in
Germany from sanuary, 1967 to
November, 1953.

November, 1969.

Upon being assigned to his new job, Sergeant Major Darling says, "The sincerely proud to have been selected command sergeant major of the Americal Division by General Milloy, I assure that I will never give reason to destroy his trust in me and I intend to set the example and intend to set the example you was to make the series of th

Southern Cross

Darling says, "My responsibility with the to guide the NCO in the execution of his work and to correct the mistakes he will make as he learna. Our leadership can be no less than the best here in the Americal



CSM Fred E. Darling

Hard hitting 'Chargers' account for 56 foe

continued from page 1 all three. Captured in the action was one hammock and two ponchos.

The next day Echo Recon, saw one Viet Cong sitting near a tree in an area south of Chu Lai cleaning his weapon. The infantrymen fired on the enemy to kill him. Later the same evening, Alpha

Company, 5th Battalion, 46th Infantry, saw six NVA maneuvering in mountainous terrain west of Chu Lai, The company fired on the enemy and called on artillery support. A sweep of the area turned up one NVA killed and one

one NVA kline CHICOM grenade.
While on a routine patrol the next day, Alpha Company,

oth observed a platoon sized enemy two Viet Cong as the enemy regetated mountainous terrain Captured in the action were thought of the Lai. The company Ad-72, two magazines, one may unleashed a heavy barrage of containing miscellaneous of the containing the containing miscellaneous of the containing miscellaneous of

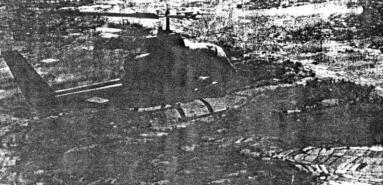
Viet Cong as the enemy approached their lasger. Captured were two Arthur State of Captured were the Captured were the Captured were the Captured were the Captured was a considerable of Captured Capture loaded it on a newcyn-revacuation.

Late in the week H Troop,
17th Cavalry received three
artillery rounds, 18 mortar
rounds, 16 booby traps, five
granades and two anti-personnel
mines from Vietnamese in the
area.

grenades and two anti-personnel mines from Vietnamese in the area.

In scattered light contacts throughout the week the list Battalion, and in a final final

search for the elusive NVA.
Elements of the 3rd Battalion,
21st Infantry netted a weekly
total of 15 NVA killed in action
while conducting operations west
of Tam Ky.
during -a small fireflight
southwest of Tam Ky. The
"Assassins" reported engaging
the enemy after siting six NVA
wearing uniforms and one VC
guide in black pajamas moving
along a main trail. Three NVA
packs were recovered following
to the company C, 4th Battalion,
31st Infantry, observed four VC
later in the week in an area
northwest of Tam Ky. They
engaged the enemy with small
arms fire and with the help of
gunships killed three.



This Cobra gunship from F Troop, 8th Cavalry is homeward bound after providing support for the infantry. The Troop, "Blue Ghost", was inserted in an area suspected to have a VC basecamp. (Photo by SSG L.E. Perkins)

Soldier's life saved by a little ditch even know it was a grenade." His poncho was shredded by shrapnel from the blast, but he

By SGT Chuck Merdzinski
FSB LIZ (11th INF BDE 10)
If you're not in a Sherman
Ink, chance of surviving the blast of a Grant of the statistion, 20th Infantry, of the lith infantry Brigade was sleeping near a mortar tube and the blast of a Grant of the statistic of a Grant of the letter of the perineter of the perineter. Hours teleping the preparing a place to a Division soldier, and he walked away with only an a carache.

Sergeant Gene Derrickson, of shelter. Because it was Grant of the perineter. Hours before, while preparing a place to duging position with a poncho of Grant of the perineter. Hours before, while preparing a place to duging position with a poncho of Grant of the perineter. Hours before, while preparing a place to duging position with a poncho of Grant of the perineter. Hours before, while preparing a place to the perineter. Hours before, while preparing a place to the preparing a place to the perineter. Hours before, while preparing a place to the perineter. Hours before, while preparing a place to the perineter. Hours before, while preparing a place to the perineter. Hours before, while preparing a place to the perineter. Hours before, while preparing a place to the perineter. Hours before, while preparing a place to the perineter. Hours before, while preparing a place to the perineter of the pe

Doctor removes grenade

By SP4 Peter Sorensen
CHU LAI (11th INF BDE IO)
— An armed 40mm grenade
round was surgically removed
from the right arm of a 2nd
ARVN Division soldier in a
recent emergency operation
performed at the 91st
Evacuation Hospital. The
successful 15 minute operation
was executed by Doctor (MA)
May an executed by Doctor (MA)
Gaptain Elizabeth G. Gorman,
Jr., Army Nurse Corps.

A medical evacuation

helicopter from Quang Ngai City radioed shead that it was bringing in a patient with a M-79 round lodged in his arm. Immediately, a square of sandbag blast walls was built on the hospital helipad, and an EOD (explosive ordnance disposal) team was called in from the 133rd Ordnance disposal) team was called in from the patient, Pham Van Hos, arrived he was carefully carried by stretcher to the make a closer look at the box and saw a closer look at the lo

where the artery was tied oil.

Concluded Captain Gorman,

'The patient was kind of
shaken. We were all strangers to
him, and I imagine he didn't quit
know what was going on. When
we heard the explosion, he
looked up and you could tell by
his face that he was mighty
thankful.

wasn't wounded because the fragments from the grenade passed over his one foot deep sleeping position. He only had a slight earsche and was ready for duty the next day. Staff Sergeant Vincent Burk, Bellefourche, S.D., checked the area in the morning and found

the spot where the VC had thrown the grenades. "It looked like they were trying to damage the mortar tube because they threw the grenades from about 35 yards away," said Sergeant Burk. "They probably watched us as we moved into the position and knew where the tube was set up," he said.

1st-46th uncovers cache

continued from page 1
Fla., third platoon sergeant.
As the day wore on the third platoon came closer and close in the platoon came closer and close continued in the platoon came closer and close close the platoon came closer and close close the platoon came close and close close the platoon came close and close close the platoon close the platoon close the platoon close close close the platoon close close close close the platoon close close close close the platoon close close



Humpin, it. With a wary eye and a heavy load this "Jungle Warrior" from the 11th Infantry Brigade looks about. His unit, Charlie Company, 1st Battalion, 20th Infantry was working 15 miles south of Chu Lai.
(Photo by SP4 Herbert Brady, 523rd SIG BN)

Southern Cross

Are you going on R&R? Remember there are three items you must have with you when you leave. They are an up-to-date shot record, identification card and a minimum of \$250. There is no limit on the amount of money you can take except that anything over \$500 requires a commanders certificate.

'Re-charger' means release and relief

By SGT Bob Nordyke

Lz Hakw Hill. (196th INF
BDE 10) - Company D. Ist
Battalion, 46th Infantry, spent
almost three months in the bush,
soing with the fighting from Hau
buc to Hiep Due with no break
except 12 days of bunker guard
duty on LZ Professional.

The few days, or at least punded to
the rear of each man's mind and
kept submerged there by live
entertainment, cold beer, and
plenty of sleep.

Delta Company is in Chu Lai
on re-charger-the field solder's
fighting of the war, and the
196th Infantry Brigade company
is lucky. Because of the break in
scheduling, it gets four days of
rest before retuning to the
field-most companies set three.

And though birief, the days of
recharger are inpromormander, First Lieutenant
Thomas Crane, Bayville, N.Y.,
explained: "Really, re-charger is
about all an infantryman less
to look forward to, except R&R

For most of the
"You're free-there's no hassle.
And there's no worry
setting shot at."

Private First Class Larry
Stratton, Brand Blanc, Mich,
considered re-charger in
monther prece-there's no hassle.
And there's no worry
about
getting shot at."

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Stratton, Brand Blanc, Mich,
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And there's no worry
about
getting shot at."

Private First Class Larry
Stratton, Brand Blanc, Mich,
considered re-charger in
monther prece-there's no form
another prece-there's no form
the best plant and the proper in the series of the
considered re-charger in
monther prece-there's no form
the bush," added scargeant. Ronnie,
Eaton, Vincent, Ohio. 'Il must
be good the way everybody
looks forward to:
looks forward to:
look forward
or and the form the
look forward to:
look forward
look fo

A rest for 4th-31st

LZ WEST (AMERICAL 10) — High above the floor of Que Son Valley, Company C, 4th Battalion, 31st Infantry of the 196th Infantry Brigade walked into the perimeter of this fire support base after nearly a week of fighting their way through an enemy battalion headquarters.

Infanty Brigade walked into the perimeter of this life support uses after nearly a week of fighting their way through an enemy battalion headquarters. Song with Company A of the same battalion, had walked into C. slong with Company A of the same battalion, had walked into the enemy position as they headed toward the valley floor from this 445 yard high home of the "Polar Bear" battalion. Meeting stiff resistance from the surprised enemy, the companies moved in under fire, with forward observers directing mortar and artillery fire on the NVA strong points. Tactical air strikes slammed into the camouflaged enemy bunker ringing the area.

Throughout the consistence of the strong points. Tactical air strikes slammed into the camouflaged enemy bunker ringing the area.

Throughout the consistence of the strong points with the company was relieved by Company D and climbed the hill to rest on the bunker line.

Sporadic enemy fire near the perimeter had swakened the men who slept while others stood guard, but during the day men began to get their rest and treat their sores they'd picked up on the operations they'd been on in recent weeks.

How the strong was the strong benefit of the grown of the strong was a strong with letters from home. One or two of the men received color slides they'd sent to the States for processing, and showed them around as each one was taken from the box.

"Here's one of you, Doc," one said as he offered a slide to the medic sitting across the ammo box from him.

One of the other riflemen cast a critical way over the medic's and the strong of the strong of the strong of the other riflemen cast a critical very over the medic's and was a strong of the other riflemen cast a critical way. I was funky and tried," Doc countered.

ugly."
"I wasn't ugly, I was funky and tired," Doc countered.
"Ugly and funky and tired are all the same thing," Shorty pointed

out. During the course of the day, some of the men of Charlie Company could be seen shaving, using water sparingly to be sure there would always be enough to drink on "the hill." They couldn't look forward to a long time on West, but each day they spend on "the hill" they become a little less funky, a little kes ugy.

Southern Cross July 24, 1970



Tells it like it is-

What can a parent to do help a child who is abusing dangerous drugs or narcotics?

Talk about it and try to understand why this behavior is taking place. Ideally, a relevant alternative to drug missue can be figured activities will help. Professer and involvment in the child's daily activities will help. Professer and involvment in the child's daily activities will help. Professer and involve the desirable. Some communities have programs run by ex-users.

When the youngster is intent upon continuing his drug taking, the problem is much more difficult. Solutions must be individualized. In some instances, it may be desirable to point out that the family cannot be expected to support the drug-talking activity. Psychotherapy may be necessary, but it usually is not successful if the patient is resistant to change. Arbitrary restriction of the youngster may or may not work. If he runs away or is apprehended in some illegal act, he should know that the family will support and help him as soon as he decides to alter his destructive pattern of drug taking and antisocial behavior. What more can be done to curb the

174th bowls over 34 foe

FSB BRONCO (11th INF BDE 10) — In two days of three related contacts with enemy soldiers, the 17th Aviation Company (Assault Helkopter) flying in support of the 4th ARVN Regiment was credited with 3d enemy deal.

The action, which occurred four miles The action, which occurred four miles The action which occurred four miles and the second offensive against carry as an around staging areas in the Song Ve River Valley from which recent enemy thrust at Nghin Hanh Cridian Irregular Defense Group (CIDG) Camp and Quang Ngai were launched.

The 1st Battalion, 4th Regiment was combat assaulted into lowlands south of Nghia Hanh by "Dolphin" utility ships of the 174th. Successive Illit received enemy fire.

On the third day of the operation, the battalion will be compared to a new location by Lieutenant Colomb Age to a new location by Lieutenant will be compared to the second of the colomb action of the colomb action of the colomb action of the utility advantage of the military situation committed his men employing one element as a blocking force and engaging another

element on a strategic hilltop. The hilltop proved rugged, not only in its terrain. It was discovered to be a fortified enemy position,... Commented "Shart" pilot Second Lieutenant John I. "Shart" were well dispersed and heavily due, "The NYA were well dispersed and heavily due hilltop with rockets and mini-and machinegun fire."

dispersed and nearly dugan, me accessed in the hillion with rockets and mini-and machinegun file.

Leutenant O'Sullivan, First Lieutenant Joseph R. Brandt, Newton, Iowa, Chief Warrant Officer James E. Rich, Wilminton, N.C., and Chief Warrant Officer Ronald D. Robertson, Dellas, Tex., poured 144 rockets into the enemy stronghold during the day-long battle. "Coming back from a quick rearming and fueling run, we were told that the IVA had withdrawn A visual war with the strong that the live had withdrawn A visual war of the strong that the live had withdrawn A visual war of the strong that the live had withdrawn A visual war of the strong that the live had withdrawn A visual war of the live had withdrawn A visual war of the live had withdrawn and the laying to we continued to pour it on," said Lieutenant O'Sullivan.

An ARVN sweep of the once hostile hillton uncovered 15 "Shark" victims, bringing the gunship toll for the three-day operation to 34. Also located were two destroyed a care and the little war and the live had been successful to the little war and the little war was a care of the little war was a constant of the little war was a care of the little wa

Americal units deprive the enemy of his rice

By SP5 Richard Merritt
LZ HAWK HILL (196th INF
BDE 10) - Several lowland
villages in northern Quang Tin
Province have sold rice to the
VC for two decades.
Infantrymen on sweep from the
196 House of the control of the control
197 House of the control
198 and earlier. The illegal sales
peak comes during the spring

harvest in April and May. For one and one-half months villagers harvest the grain while VC infiltrators negotiate with those who will help them. They plead, they buily, they threaten. But it doesn't always work. But it doesn't always work. The summer was a combination infantry-civil affairs rice denial plan that those who will help them. They plead, they buily, they threaten. But it doesn't always work. The summer summer was the summer w

assistant. "We write, duplicate and direct the serial distribution of leaflets aimed at sympathetic models are supported by the support of th

They came out badly.

Ground units sliced into the hidden storage areas at the same, time. Alpha Company, 2nd Battalion, 1st Infantry, directed its platoons into recalcitrant beautiful and the state of the control of the city of Tam Ky. Sergaant Bob Nordyke, Ottawa, Kana, a former squad leader details the cordon and search of a village known to conceal large deposits of enemy rice.

"We split two men out from each squad to search while the rest deployed around the

hamlet. Small amounts of rice were found in tin buckets, but not as much as we expected," recalled Sergeant Nordy. The Victnamese interpreters. The Victnamese interpreters. The Victnamese interpreters. The Victnamese interpreters are not such as the Victnamese interpreters. The Victnamese interpreters are not should be such as the Victnamese of the Victnamese and the Victnamese of the Vi

They talk to ralliers to pick up pointers.

The best measure of their success says Major Tesmer, cannot be calculated by a row of figures. "We've got 8,000 pounds of rice on Hawk Hill." We've provided the success of the success of



An ingenius method of "thumping" is used by these 11th Infantry Brigade soldiers to find buried rice. These men are from Alpha Company, 4th Battalion, 21st Infantry. The men tap the ground and listen for a hollow sound and when they hear, they dig. (Photo by SP4 Ron Adams)

Team work gets results

By PFC Richard Campbell

LZ HAWK HILL (196th INF BDE 10) - Rapid
coordination between a Division liaison team and a
lord liaison team and a lord liaison team and a
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results. The seam performed with deventing will the seam performed with deveatating will was about dusk when suddenly the PF reactor ran over to me shouting NVA NVA. NVA. It was a sea of the seam leader. "A PF patrol had spotted more than 100 NVA with AK-47s and packs moving toward the south."

Page 8

Several rounds from an 8 lmm mortar at the PF camp fell short of the target so Sergeant Abbey quickly called for artillery support.

"When we received the call for fire, we weren't sure whether we could shoot that far," recalled first Lieutenant Roderick Deater, Birmingham, AB terry, 3rd Battalian, for officer for Alpha was right on our maximum range, but we got two guns ready and continued to process the data." In several minutes, the mighty 155 had rounds on the way and the liaison team was inposition to observe and sdjust them on the moving enemy. "Before we knew it the artillery rounds were before we knew it the artillery rounds were form one adjustment they were right on the morely We didn't know right then exactly what the results were, but we were certain the NYA had suffered heavy casualties."

A PF partor the following morning confirmed the 17 kills.



Sergeant Marty Kristo, De Pue, Ill., uncovers a buried enemy rice cache. Numerous caches were discovered by the 4th Battalion, 21st Infantry while on a sweep of the "rice bowl" five miles south of Duc Pho.

(Photo by Sp4 Ron Adams)

Southern Cross